

AWARD WINNING SALON



COCO & ROSE

BEAUTY & BODY CLINIC

TREATMENT MENU



# COCO & ROSE

BEAUTY & BODY CLINIC

We invite you to a sensory haven,  
where you can allow your mind  
and body the space and time to  
float free...

Discover a place you can make  
your own, for an hour, a day or as  
long as you wish...

WELCOME TO COCO & ROSE

## *Take a look inside...*

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# ELEMIS FACIAL THERAPIES

*Leading the way in innovative, professional therapies and superior formulations for over 25 years, Elemis is the only professional British brand to clinically trial the efficacy of its advanced facials, proven to be effective after just one treatment.*



# ADVANCED ANTI-AGEING FACIALS

*Defy the hands of time with clinically proven anti-wrinkle, radiance and resurfacing facials for instant results. Therapies include skin analysis, homecare advice, eye treatment and a therapeutic combination of massages.*

## **Pro Definition Lift & Contour Facial**

**Super lifting facial for sagging jowls, cheeks, chin and neck**

Powerful lifting techniques target sagging jowls, cheeks and chin, whilst helping to reduce the puffiness and fluid retention associated with sagging skin along the jawline. The facial contours appear shaped, lifted and firmed.

Course of 6 recommended/1 treatment every 3 weeks.

*50mins £50*

## **Pro Collagen Age Defy Facial**

**Anti-wrinkle facial with clinically proven results**

Experience the ultimate in skin therapy. An advanced anti-ageing facial, clinically proven to reduce the number of wrinkles by 94% and improve skin firmness by 57% after just one treatment. This anti-ageing face and eye treatment helps to protect against the signs of aging, reducing the appearance of fine lines and wrinkles and restructuring the eye contour. Specialised lifting massage techniques are combined with Elemis anti-ageing products for maximum efficacy.

Recommended 1 treatment every 3 weeks.

*1 hour 15mins £55*

All Elemis Facials include Consultation, Skin Diagnosis and Aftercare advice within stated treatment time.

## Dynamic Resurfacing Precision Peel Facial

**For ageing, acne scarring, pigmentation and uneven skin tone**

Clinically proven results – up to 75% increase in resurfacing and up to 32% increased skin smoothness after just one treatment. The Dynamic Resurfacing Facial offers encapsulated enzyme therapy with unprecedented results never seen before from just one facial. The precision layering of three targeted enzymes, stimulates and accelerates the skin's biological exfoliation process. These advanced resurfacing techniques safely and effectively remove the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant bringing a renewed level of clarity to the complexion.

Course of 6 is recommended/1 treatment every 3 weeks.

*1 hour £50*

## Superfood Pro Radiance Facial

**Revives prematurely ageing, dull, slacked skins restoring radiance**

Perfect pre-occasion treatment. This anti-ageing face and eye treatment instantly firms, rejuvenates and plumps the skin whilst reducing dark circles from around the eye area. Provides a nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising and detoxifying actives.

Course of 6 is recommended/1 treatment every 3 weeks.

*1 hour 15mins £55*



# SKIN SOLUTIONS FACIALS

*Specially created for skincare concerns such as breakouts, stressed and sensitive skin.*

*Elemis' scientific skin therapies are the perfect solution for daily skin challenges.*

## **Modern Skin Facial**

### **Rebalances skin challenged by modern living**

Designed for skin challenged by modern living and bursting with anti-oxidant rich minerals and vitamins. This purifying treatment helps remove damaging toxins, regenerates skin cells and rebalances sebum, resulting in rebalanced and renewed skin.

*1 hour £50*

## **Sensitive Skin Soother Facial**

### **Soothes and calms sensitive skin**

This face and eye treatment is pure heaven for sensitive skins. Gentle massage techniques combined with anti-inflammatory actives and a restructuring Japanese Silk Mask help soothe and calm, delicate, fragile and sensitive skins for visibly reduced redness and immediate comfort.

*1 hour 15mins £55*

## **Anti-blemish, Mattify and Calm Facial**

### **Purifies congested skin for a clear, mattified complexion**

This powerful face and eye treatment helps absorb excess sebum, regulate and balance the function of the skin, whilst helping to repair scarring. Purifying massage techniques combined with the unique Japanese Sulphur Mask help to calm irritated skin and rebalance oil rich pores, leaving a beautiful matt skin.

*1 hour 15mins £55*

All Elemis Facials include Consultation, Skin Diagnosis and Aftercare advice within stated treatment time.

# SKIN SPECIFICS FACIALS

*Perfect as introductory,  
lunch-time or quick pick  
me up facials.*

## Fruit Active Glow Facial

**For dull, lifeless skin**

This facial is the perfect flash treatment before a special occasion or event. Restores a beautiful glow back to dull, lifeless complexions. Extracts of strawberry and kiwi ensure the skin is given a much needed boost.

*55mins £40*

## Herbal Lavender Repair Facial

**For oily and congested skin**

Packed with high performance antiseptic and anti-inflammatory ingredients, this facial provides a rebalanced and purified skin. Kaolin Clay absorbs excess oils, leaving the skin mattified, whilst Rosemary and Lavender help soothe and heal breakouts.

*55mins £40*

## Exotic Cream Moisture Dew Facial

**For dry, dehydrated and sensitive skin**

For skin in need of a super-saturating moisture boost, this thirst quenching facial is perfect. A luxurious blend of Mimosa, amino acid rich Honey and soothing Sapphire leave the skin ultra-soothed and deeply hydrated.

*55mins £40*

## Elemis Taster Facial

**For all skin types**

This is the perfect introduction to Elemis skincare and includes a hand and arm massage.

*30mins £25*



# OTHER FACIAL TREATMENTS

## Diamond Peeling Resurfacing Facial

This is a less invasive, more comfortable treatment than Microdermabrasion, but with equally impressive results. With no recovery time, the Diamond Peeling treatment exfoliates the superficial Epidermal layer promoting healthy, glowing skin and leaves the skin softer, smoother and brighter. Intensity of treatment is adjusted according to skin type/conditions.

Effectively treats:

- Fine lines and wrinkles
- Prematurely aging skin
- Acne scarring
- Sun Damage
- Breakouts/Blocked pores.

*30mins £35*

## Diamond Peeling Elite Facial

After the Diamond Peeling Resurfacing treatment, the skin is ready to absorb a generous layer of hyaluronic acid whilst a setting mask of Marine Collagen pushes it deep into the skin providing unsurpassed hydration. Includes a massage of the neck, shoulders and scalp.

*1 hour £45*



# BODY MASSAGE

*Through Aroma and the ultimate power of touch, our high performance massage therapies will help you alleviate stress and tension whilst awakening the senses.*



## Swedish Full Body Massage

Swedish massage techniques tailored to your preferred pressure will soothe aching muscles and help you deeply relax whilst decreasing muscle toxins and improving circulation.

*1 hour £40*

## Back, Neck & Shoulder Massage

Designed to help you relax and unwind whilst working over areas of tension. Tailored to your preferred pressure.

*30mins £23*

## Deep Tissue Massage

Deep Tissue Massage is highly effective in releasing chronic muscular tension and stiffness whilst helping to alleviate high stress levels. Using an aromatic oil chosen by your Therapist, this massage is expertly tailored to problematic areas, ensuring maximum results.

*Deep Tissue Back Massage 40mins £29*

*Deep Tissue Full Body Massage 1 hour 15mins £45*

*Deep Tissue Back & Leg Massage 1 hour £40*

## Indian Head Massage

An ancient form of massage on the neck, shoulders, face and scalp, renowned for it's many health benefits and extremely relaxing effects on the mind and body.

*45mins £29*

## Coco & Rose Signature Zone Out Massage

This treatment combines the benefits of Hot Stone Therapy with Deep Tissue Massage and is an essential remedy for anyone with chronic muscle tension. Let the silky caress of hot basalt stones comfort and relax sore, aching muscles before deep tissue techniques knead away stiffness, tension and stress. An intense treatment with superb benefits.

*Zone Out Back Massage 45mins £30*

*Zone Out Full Body Massage 1 hour 30mins £50*

## Hot Stones Massage

Hot Basalt stones worked expertly over the body, release muscular tension, and induce a state of blissful calm. Offers a much deeper effect than Swedish massage.

*Full Body 1 hour 15mins £45*

*Back Massage 30mins £25*

## Hot Lava Shells Massage

Feel the warmth of the tropics in the palm of your hand. Hot Lava Shells are massaged over tired, tense muscles whilst the heat of the shells induces relaxation and targets muscle tension.

*Full Body 1 hour 15mins £50*

*Back, Neck and Shoulders 30mins £30*

## Elemis Peaceful Pregnancy Massage

Beneficial to both mother and baby, this specialised Swedish Massage is tailored to the specific needs of the expectant mother. A deeply soothing, nurturing massage which promotes relaxation and stress relief. Suitable after the first trimester.

*1 hour 10mins £45*

## Thai Foot Massage

This massage is both invigorating and relaxing! A combination of massage techniques and pressures over reflex points, it rebalances the body, improves flexibility and revives tired feet and legs.

*1 hour £40*

## Hot Mineral Body Boost Massage

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. The heated minerals are a catalyst to warm and deeply relax the body, perfectly prepping for the nourishing amber balm, while the mind is whisked off to invigorating shores with the aromatic ocean spa. This is a revolutionary, mineraly-charged experience of skin conditioning, metabolic balancing and energising wellness.

*1 hour 15mins £49*

## Elemis Deeper Than Deep Hot Stones Massage

Balinese stones bathed in Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

Full Body *1 hour 25mins £55*

Back Neck and Shoulder Massage *30mins £29*

## Poultice Powered Muscle Release Massage

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Each area of tension is specifically targeted with the unique Amber and Quartz poultice to dissolve knots and ease tensions. Completed with a restorative facial massage, tension is dissolved.

*1 hour 15mins £50*

## Elemis Garden of England Rose Restore

Take a walk in an English rose garden with this lavishly hydrating body massage and micro wrap. The unique trio of rose, camelina and poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils whilst the nurturing rose balm and bespoke massage comfort the skin whilst grounding the spirit. Skin is left exquisitely moisturised, intensely supple and deliciously scented.

*1 hour 30mins £55*

# ELEMIS EXOTIC TREATMENTS AND RITUALS

*Step into sensory heaven  
and indulge your senses.*

## **Intensely Cleansing Lime & Ginger or Frangipani Salt Scrub**

Feel your senses lifted and your body invigorated, after being exfoliated by your chosen salt scrub. The skin is thoroughly cleansed with hot mitts before warm oil is drizzled over the body. Skin is left deeply cleansed, glowing and velvety soft.

*45mins £30*

## **Elemis Targeted Toning Tightener**

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Clinically proven to reduce the appearance of cellulite after just one treatment.

*1 hour 30mins £55*

## **Body Nectar Nourishing Wrap Frangipani or Sweet Orchid**

Drift away as warm, aromatic frangipani or sweet orchid oil is poured all over your body before you are cocooned in a blissful wrap. Skin is drenched with moisture for immediate softness, suppleness and radiance. Includes a relaxing scalp massage.

*50mins £40*



*For extra pampering add a Full Body  
Scrub to your wrap – 1 hour 30mins £55*



## Elemis Couture Touch Face & Body Sensation

Experience the ultimate Elemis duo. A sensational Hot Stones Massage on the back and legs and an Anti-Ageing Booster Facial.

*1 hour 15mins £55*

## Elemis Couture Absolute Spa Ritual

From the soles of the feet to the crown of the head, this customised face and body treatment is the ultimate skin therapy. Alleviate tension and stress with the powerful effects of the Deep Tissue Massage and combine it with a facial from one of the Anti-ageing or Skin Solutions section.

*2 hours £90*

## Thousand Flower Detox Wrap

This nutrient-rich detox wrap encourages super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

*1 hour £45*

## Elemis Exotic Body Bliss Treatment

Renew and revitalise your face and body with a full body scrub and Skin Specific Taster Facial. Choose from either Intensely Cleansing Lime & Ginger or Frangipani Salt scrub, and combine with an Elemis Taster Facial to leave you glowing from head to toe.

*1 hour 15mins £55*





# TREATMENT PACKAGES

## Elemis Peaceful Pregnancy Package

Elemis Taster Facial with Back Massage – Bring gentle relief to tired muscles with this nurturing massage and finish with an Elemis Taster Facial to bring balance and radiance to the skin.

*1 hour £48*

## Elemis Nurturing Mother-to-be Package

This treatment duo deeply relaxes with a massage of the Face, Neck, Shoulders & Scalp and provides relief to swollen ankles and tired feet with an Elemis Best Foot Forward Foot Treatment.

*1 hour £45*

## Mini Pamper Package

This treatment has a little bit of everything. Enjoy an Elemis Taster Facial, a Back, Neck & Shoulder Massage and a Hand and Arm or Foot and Leg Massage.

*Allow 1 hour £48*

## Coco & Rose Gentleman's Tonic

Thai Foot Massage with Deep Tissue Back Massage. Ultimate relief for muscle tension and stress.

*1 hour 40mins £69*

## Elemis Deep Relax Treatment

Includes Elemis Hot Mineral Body Boost Massage and an Elemis Superfood Pro Radiance Facial. Experience a powerful facial and massage combination to nourish and invigorate the skin, deeply relax the body and promote energy and a state of wellbeing.

*2 hours 30mins £99*

## Pure Indulgence

Leave your stress at the door as you indulge in absolute heaven with a full body Swedish Massage followed by an Elemis Taster Facial.

*1 hour 30mins £65*

For parties of 3 or more please visit the website for package options

[www.cocoandrosebeautyspa.co.uk](http://www.cocoandrosebeautyspa.co.uk)



# THE LITTLE BITS

## NAILS, WAXING, TINTING & TANNING

### Nails

#### Nail/Toe Shape & Polish

French/Colour £10

#### Nail Art *from* £2.50+

#### Shellac Hybrid Polish

French £23 Colour £20

Free Soak Off with a re-application\*

Soak off (without reapplication) £5

Shellac Soak off with nail tidy and treatment £10

(\*Soak off and reapplication must be done at the same time.  
We only remove Shellac that was applied at Coco & Rose).

#### Mini Manicure

An express treatment to file and shape the nails, moisturise hands and tidy cuticles.

30–40mins

With polish – Colour/French £22

Without polish £15

#### Garden of England Rose Restore Manicure

With the aromatic scent of lavender, rose and jasmine, this is a beautifully pampering hand and nail treatment, softening and intensely conditioning dry hands. Includes a nail cut and file, cuticle tidy, hand soak and scrub, heated mitts and a polish.

1 hour £30

*Add Shellac Polish for just £10*

#### Mini Pedicure

An express treatment to file and shape the nails, remove hard skin and tidy cuticles. Without polish.

30–40mins £22

#### Elemis Repair & Revive Pedicure

A sensory experience for your feet. With Elemis Exotic Lime & Ginger Salt Scrub and Instant Refreshing Gel, bring tired feet to life. Includes nail cut and file, hard skin removal, exfoliation, soak, cuticles, mini massage and polish.

1 hour £30

*Add Callus Peel Heel Treatment for just £10*

*Add Shellac Polish for just £10*

#### Elemis Best Foot Forward

Rest and soothe your tired feet and legs with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged leaving the skin nourished, soft and smooth.

30mins £25

## Callus Peel Foot Saviour

Callus Peel is an amazing resurfacing treatment. An absolute must-have treatment for rough, dry, cracked heels in need of repair.

Heel treatment	£20
Heels and Ball of foot	£30
Add Toe Shape and Polish for	£5

## Tinting

A patch test must be performed at least 24 hours before tinting. No exceptions.

Eye Package	£15
Eyelash Tint	£7
Eyebrow Tint	£5

## Tanning

Please shower before arrival ensuring you are not wearing make-up, moisturiser or deodorant and wear loose, dark clothing.

Full body Spray Tan	£25
Half Body Spray Tan	£15

## Minimi Inch Loss Body Wrap

This is a non-invasive body wrap offering you a more sculpted body with lasting results! It helps break down fat cells, reduces the appearance of cellulite and firms and tones skin. For best results, we recommend the full course of 6. Includes a massage of the face and scalp.

*1 hour 30mins £55*

Or buy the course of wraps and you get the sixth wrap **free!**\*

(\*Course of wraps must be paid up front and is non refundable)

## Waxing

### With warm lavender wax

Eyebrow Wax	£5	Full Leg	£20
Lip Wax	£4	3/4 Leg	£15
Chin Wax	£4	1/2 Leg	£10
Sides of Face	£5	Forearm	£8
Underarm	£8	Back	£15+
Full Leg & Bikini	£28	Chest	£15+

## Lycon Precision Hot Waxing

Lycon offers a virtually pain-free waxing experience! With celebrity endorsers such as Victoria Beckham and Sienna Miller, Lycon is the no.1 wax worldwide. It contains the finest resin, natural ingredients and aromatherapy oils\* to deliver superior performance- lifting hair as short as 1mm! Amazingly, it does not lift skin and has a much lower temperature than regular wax! Let us change the way you feel about waxing.

\* Still suitable during pregnancy

Eyebrow Wax	£8	Underarm Wax	£12
Lip Wax	£7	Standard Bikini Wax (to crease of leg)	£12
Chin Wax	£7	Californian Wax	£16
Sides of Face	£8	Brazilian Wax	£20
All 4 areas	£26	Hollywood (all off)	£25
Any 3 areas	£20		



# THINGS TO REMEMBER

## Opening Hours

Monday	Closed
Tuesday	10am–5pm
Wednesday	10am–5pm
Thursday	10am–8pm
Friday	10am–8pm
Saturday	9am–3pm
Sunday	Closed

**Tel: 028 7930 0540**



Coco & Rose Beauty  
& Body Clinic

Please arrive 15 minutes before your first treatment to allow time to complete a Consultation Form. Late arrivals may result in a shorter treatment time with full treatment price being charged.

## How to find us/Parking

Coco & Rose is situated beside the Translink Bus Station, off Broad Street, in the centre of Magherafelt. Car parking space is available beside the bus station. We also have disabled access.

## Health and Safety

In the interests of Health and Safety, we do not allow children in the salon. We apologise for any inconvenience.

## What you'll need to bring

Clean, fluffy robes and slippers will be provided for group bookings. Loose, dark clothing is needed for spray tanning. Open toe sandals are essential for pedicures and when having the tootsies painted. Please arrive fresh faced for make-up application.

**[www.cocoandrosebeautyspa.co.uk](http://www.cocoandrosebeautyspa.co.uk)**

## Cancellation Policy

For regular appointments, we require 24 hours cancellation notice. Failure to do this may result in a fee being charged (50% of cost of treatment).

For group bookings, we require one week's notice of cancellation or full cost of package will be charged. Deposits paid for group bookings are non-refundable, but may be transferred to an alternative date if said notice is given. All group bookings are provisional until deposits for each person attending are paid. Provisional bookings will be removed within 5 days of enquiry.

## Gift Vouchers

A Coco & Rose Gift Voucher is a perfect gift idea. Valid for 6 months, vouchers can be redeemed against our wide range of treatments, with the exception of our Monthly Special Offers. (Vouchers have no cash value and cannot be used to purchase products)

Coco & Rose Beauty & Body Clinic, 6-8 Union Arcade, Magherafelt BT45 5AD

