



COCO & ROSE

BEAUTY & BODY CLINIC

TREATMENT MENU

COCO & ROSE

BEAUTY & BODY CLINIC

We invite you to a sensory haven, where you can allow your mind and body the space and time to float free ...

Discover a place you can make your own, for an hour, a day or as long as you wish ...

WELCOME TO COCO & ROSE

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www.cocoandrosebeautyspa.co.uk

ELEMIS BIOTEC FACIALS

Elemis – the only professional British brand to clinically trial the efficacy of its advanced facials, proven to be effective after just one treatment.

All Elemis Facials include Consultation, Skin Diagnosis and Aftercare advice within stated treatment time.



ELEMIS BIOTEC FACIALS

BIOTEC Radiance Renew

This cellular boosting treatment targets sluggish, dull complexions. The Ultrasonic peel stimulates the removal of dead skin and impurities, whilst the Galvanic rejuvenating current restores hydration for visibly clearer, brighter skin.*

1 hour £65

BIOTEC Line Eraser

A powerful, clinically proven treatment that effectively irons out lines and wrinkles. Using microcurrent pulses and blue and red LED Light Therapy, skin immediately appears smoother.*

1 hour £65

BIOTEC Skin Resurfacer

This revolutionary, clinically proven facial targets uneven skin tone, blemishes and fine lines to transform the complexion. The Ultrasonic peel, massage and LED Light Therapy deliver a skin that has never been smoother.*

1 hour £65

BIOTEC Firm-a-Lift

Rediscover the architecture of your face with this ground-breaking blend of touch therapy and sculpting Microcurrent technology. Skin is visibly strengthened with the facial contours dramatically improved.*

1 hour £65

BIOTEC Blemish Control

A thoroughly deep cleansing treatment which decongests and repairs congested, damaged skin. Powerful anti-oxidants and LED Light Therapy calm inflammation and help clear the complexion, whilst Ultrasonic peel exfoliates revealing fresh, clean skin. (Steam and extractions included)*

1 hour £65

BIOTEC Sensitive Skin Soother

An ultra soothing facial for sensitive, highly coloured skins. Oxygen Infusion encourages cellular restoration whilst Red LED Light Therapy and calming anti-oxidants encourage healing resulting in soft, soothed skin.*

1 hour £65

BIOTEC Super Charger for Men

The facial to de-stress, de-age and de-fatigue the male complexion. Ultrasonic Peeling and Galvanic current deliver a deep clean for a multi-tasking, time efficient solution.*

1 hour £65

BIOTEC Eye Treatment

Our eyes are one of the first areas to show signs of aging. This eye treatment lifts and firms the eye area, minimising the appearance of fine lines and wrinkles.*

30 mins £35

BIOTEC Neck Treatment

Firm and lift a sagging neck and jawline with this powerful targeted treatment using a combination of lifting massage techniques and Microcurrent impulses for super-sleek contouring.*

30mins £35

BIOTEC Flash Exfoliation

This is an express resurfacing facial that targets dull, uneven, blemished skin for an instantly brighter complexion. Includes LED Light Therapy and Ultrasonic technology.

45mins £45

* A course of 6 is recommended



ADVANCED ANTI-AGEING FACIALS

Defy the hands of time with clinically proven anti-wrinkle, radiance and resurfacing facials for instant results. Therapies include skin analysis, homecare advice, eye treatment and a therapeutic combination of massages.

Pro Definition Lift & Contour Facial

Super lifting facial for sagging jowls, cheeks, chin and neck

Powerful lifting techniques target sagging jowls, cheeks and chin, whilst helping to reduce the puffiness and fluid retention associated with sagging skin along the jawline. The facial contours appear shaped, lifted and firmed. Course of 6 recommended/1 treatment every 3 weeks.

1 hour £50

Pro Collagen Age Defy Facial

Anti-wrinkle facial with clinically proven results

Experience the ultimate in skin therapy. An advanced anti-ageing facial, clinically proven to reduce the number of wrinkles by 94% and improve skin firmness by 57% after just one treatment. This anti-ageing face and eye treatment helps to protect against the signs of aging, reducing the appearance of fine lines and wrinkles and restructuring the eye contour. Specialised lifting massage techniques are combined with Elemis anti-ageing products for maximum efficacy.

Recommended 1 treatment every 3 weeks.

1 hour £55

Dynamic Resurfacing Precision Peel Facial

For ageing, acne scarring, pigmentation and uneven skin tone

Clinically proven results – up to 75% increase in resurfacing and up to 32% increased skin smoothness after just one treatment. The Dynamic Resurfacing Facial offers encapsulated enzyme therapy with unprecedented results never seen before from just one facial. The precision layering of three targeted enzymes, stimulates and accelerates the skin's biological exfoliation process. These advanced resurfacing techniques safely and effectively remove the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant bringing a renewed level of clarity to the complexion.

Course of 6 is recommended/1 treatment every 3 weeks.

1 hour £50

All Elemis Facials include Consultation, Skin Diagnosis and Aftercare advice within stated treatment time.

Superfood Pro Radiance Facial

Revives prematurely ageing, dull, slackened skins restoring radiance

Perfect pre-occasion treatment. This anti-ageing face and eye treatment instantly firms, rejuvenates and plumps the skin whilst reducing dark circles from around the eye area. Provides a nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising and detoxifying actives.

Course of 6 is recommended/1 treatment every 3 weeks.

1 hour £55



SKIN SOLUTIONS FACIALS

Specially created for skincare concerns such as breakouts, stressed and sensitive skin. Elemis' scientific skin therapies are the perfect solution for daily skin challenges.



Sensitive Skin Soother Facial

Soothes and calms sensitive skin

This face and eye treatment is pure heaven for sensitive skins. Gentle massage techniques combined with anti-inflammatory actives, help soothe and calm, delicate, fragile and sensitive skins for visibly reduced redness and immediate comfort.

1 hour £55

Anti-blemish, Mattify and Calm Facial

Purifies congested skin for a clear, mattified complexion

This powerful face and eye treatment helps absorb excess sebum, regulate and balance the function of the skin, whilst helping to repair scarring. Calms irritated skin and rebalance oil rich pores, leaving a beautiful matt skin.

1 hour £55



Coco & Rose Prescription Facial

For ageing, acne scarring, pigmentation and uneven skin tone

Relax and enjoy some pampering whilst your Therapist tailors this facial, specifically to your skin's needs. Includes a trio of massages to ensure you are relaxed from head to toe.

45mins £40

Coco & Rose Taster Facial

For all skin types

This is a mini treat to introduce you to our Elemis facials. Includes a relaxing hand and arm massage.

30mins £25

Dermapen Mesotherapy with Lip Plump

Instant and long lasting results. Using the world's fastest Micro-needling device, this facial treatment dramatically increases collagen production in the skin which continues for many weeks after treatment. Firms and plumps the skin and lips and treats aging, sagging skin, scars and stretch marks. (24hrs downtime following treatment)

We recommend a course of treatments for maximum results.

£99

Clinicare Chemical Peels

Bring an instant glow back to your skin with our Glycolic Acid Peels! They boost healthy skin rejuvenation and cell turn-over, even out and brighten the skin tone, improve the complexion and even treat sensitivity. No down-time! Includes an ultra-hydrating mask!

Glow Chemical Peel – Glycolic Acid Peel

Glycolic Acid Peel – treats pigmentation, sun damage, enlarged pores and uneven skin tone, rough texture. Mandelic acid inhibits melanin synthesis, resulting a visible reduction in pigmentation and a brighter complexion.

Pure Chemical Peel

The anti-Inflammatory action of Salicylic acid, treats sensitive skin prone to acne, acne rosacea, prematurely aging, blocked pores and breakouts. Skin will be soothed, deeply cleansed and breakouts will be dramatically reduced.

Refresh Chemical Peel – Glycolic Acid Peel

Glycolic Acid Peel – Tightens and smooths aging skin, minimises the appearance of fine lines and wrinkles and age spots. Stimulates collagen production and Phytic Acid acts as a powerful antioxidant.

30-40mins £55 each

OTHER FACIAL TREATMENTS



Diamond Peeling Resurfacing Facial

This is a less invasive, more comfortable treatment than Microdermabrasion, but with equally impressive results. With no recovery time, the Diamond Peeling treatment exfoliates the superficial Epidermal layer promoting healthy, glowing skin and leaves the skin softer, smoother and brighter. Intensity of treatment is adjusted according to skin type/conditions.

Effectively treats:

- Fine lines and wrinkles
- Prematurely aging skin
- Acne scarring
- Sun Damage
- Breakouts/Blocked pores.

30mins £35

Diamond Peeling Elite Facial

After the Diamond Peeling Resurfacing treatment, the skin is ready to absorb a generous layer of hyaluronic acid whilst a setting mask of Marine Collagen pushes it deep into the skin providing unsurpassed hydration. Includes a massage of the neck, shoulders and scalp.

1 hour £45



BODY MASSAGE

Through Aroma and the ultimate power of touch, our high performance massage therapies will help you alleviate stress and tension whilst awakening the senses.



Swedish Full Body Massage

Swedish massage techniques tailored to your preferred pressure will soothe aching muscles and help you deeply relax whilst decreasing muscle toxins and improving circulation.

1 hour £45

Back, Neck & Shoulder Massage

Designed to help you relax and unwind whilst working over areas of tension. Tailored to your preferred pressure.

30mins £25

Deep Tissue Massage

Deep Tissue Massage is highly effective in releasing chronic muscular tension and stiffness whilst helping to alleviate high stress levels. Using an aromatic oil chosen by your Therapist, this massage is expertly tailored to problematic areas, ensuring maximum results.

Deep Tissue Back Massage *40mins £30*

Deep Tissue Full Body Massage *1 hour 15mins £50*

Deep Tissue Back & Leg Massage *1 hour £40*

Indian Head Massage

An ancient form of massage on the neck, shoulders, face and scalp, renowned for it's many health benefits and extremely relaxing effects on the mind and body.

45mins £30

Coco & Rose Signature Zone Out Massage

This treatment combines the benefits of Hot Stone Therapy with Deep Tissue Massage and is an essential remedy for anyone with chronic muscle tension.

Let the silky caress of hot basalt stones comfort and relax sore, aching muscles before deep tissue techniques knead away stiffness, tension and stress. An intense treatment with superb benefits.

Zone Out Back Massage *45mins £35*

Zone Out Full Body Massage *1 hour 30mins £59*

Hot Stones Massage

Hot Basalt stones worked expertly over the body, release muscular tension, and induce a state of blissful calm.

Offers a much deeper effect than Swedish massage.

Full Body *1 hour 15mins £55*

Back Massage *30mins £28*

Minimi Inch Loss Body Wrap

This is a non-invasive body wrap offering you a more sculpted body with lasting results! It helps break down fat cells, reduces the appearance of cellulite and firms and tones skin. For best results, we recommend the full course of 6. Includes a massage of the face and scalp.

1 hour 30mins £55

Or buy the course of wraps and you get the sixth wrap **free!***

(*Course of wraps must be paid up front and is non refundable)

Elemis Peaceful Pregnancy Massage

Beneficial to both mother and baby, this specialised Swedish Massage is tailored to the specific needs of the expectant mother. A deeply soothing, nurturing massage which promotes relaxation and stress relief. Suitable after the first trimester.

1 hour 10mins £48

Thai Foot Massage

This massage is both invigorating and relaxing! A combination of massage techniques and pressures over reflex points, it rebalances the body, improves flexibility and revives tired feet and legs.

1 hour £40

Elemis Garden of England Rose Restore

Take a walk in an English rose garden with this lavishly hydrating body massage and micro wrap.

The unique trio of rose, camelina and poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils whilst the nurturing rose balm and bespoke massage comfort the skin whilst grounding the spirit. Skin is left exquisitely moisturised, intensely supple and deliciously scented.

1 hour 15mins £55

Warm Bamboo Massage

A deeply relaxing massage using a selection of warm bamboo sticks. The comforting heat of the bamboo combined with deep tissue massage techniques, iron out knots and tension. Or enjoy with lighter pressure, and relax whilst your stress melts away.

Full Body

1 hour 30mins £55

Bamboo Deep Tissue Back and Neck Massage
45mins £35

Bamboo Relaxing Back Massage
30mins £30

ELEMIS EXOTIC TREATMENTS AND RITUALS

Step into sensory heaven
and indulge your senses.

Intensely Cleansing Lime & Ginger or Frangipani Salt Scrub

Feel your senses lifted and your body invigorated, after being exfoliated by your chosen salt scrub. The skin is thoroughly cleansed with hot mitts before warm oil is drizzled over the body. Skin is left deeply cleansed, glowing and velvety soft.

45mins £30

Elemis Targeted Toning Tightener

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Clinically proven to reduce the appearance of cellulite after just one treatment.

1 hour 30mins £55

Elemis Face & Body Sensation

Experience the ultimate Elemis duo. A sensational Hot Stones Massage on the back and legs and an Anti-Ageing Booster Facial.

1 hour 30mins £65

Elemis Absolute Spa Ritual

From the soles of the feet to the crown of the head, this customised face and body treatment is the ultimate skin therapy. Alleviate tension and stress with the powerful effects of a deep tissue back massage and combine it with a facial from one of the Anti-ageing or Skin Solutions section.

2 hours £90

Thousand Flower Detox Wrap

This nutrient-rich detox wrap encourages super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

1 hour £45

Elemis Exotic Body Bliss Treatment

Renew and revitalise your face and body with a full body scrub and Coco and Rose Taster Facial. Choose from either Intensely Cleansing Lime & Ginger or Frangipani Salt scrub, and combine with a Coco & Rose Taster Facial to leave you glowing from head to toe.

1 hour 15mins £55



TREATMENT PACKAGES



Elemis Peaceful Pregnancy Package

Coco & Rose Taster Facial and Back Massage –Bring gentle relief to tired muscles with this nurturing massage and finish with a Coco & Rose Taster Facial to bring balance and radiance to the skin.

1 hour £50

Elemis Nurturing Mother-to-be Package

This treatment duo deeply relaxes with a massage of the Face, Neck, Shoulders & Scalp and provides relief to swollen ankles and tired feet with an Elemis Best Foot Forward Foot Treatment.

1 hour £47

Mini Pamper Package

This treatment has a little bit of everything. Enjoy a Coco & Rose Taster Facial, a Back, Neck & Shoulder Massage and a Hand and Arm or Foot and Leg Massage.

Allow 1 hour £50

Coco & Rose Gentleman's Tonic

Thai Foot Massage with Deep Tissue Back Massage. Ultimate relief for muscle tension and stress.

1 hour 40mins £70

Elemis Deep Relax Treatment

Includes a Full Body Zone Out Massage and an Elemis Superfood Pro Radiance Facial. Experience a powerful facial and massage combination to nourish and invigorate the skin, deeply relax the body and promote energy and a state of wellbeing.

2 hours 30mins £109

Pure Indulgence

Leave your stress at the door as you indulge in absolute heaven with a Full Body Swedish Massage followed by a Coco & Rose Taster Facial.

1 hour 30mins £70

For parties of 3 or more please visit the website for package options www.cocoandrosebeautyspa.co.uk



SIGNATURE COLLECTION TREATMENT PACKAGES



Couple's Tranquil Escape

This treatment begins with a grounding inhalation to induce calm and relaxation and continues with a deep tissue back massage to alleviate tense, aching muscles. Then, an aromatic salt scrub of the back invigorates the senses before finishing with a soothing neck, shoulder and scalp massage.

60mins £55 p/p

Couple's Drift Away

Experience the therapeutic benefits of our Signature Zone Out Massage, where your Therapist expertly targets knots and tension, whilst the caress of hot basalt stones delivers heat right into the belly of the muscle for unrivalled, stress relieving results.

90mins £59 p/p

Couple's Baby-Moon Package

Waiting for your little one's arrival is a very special time, which is why we've designed a package to ensure both of you get some time to spend together, getting pampered before the big day comes. As the expectant Mother is pampered with a Peaceful Pregnancy Massage, her partner can enjoy a Full Body Deep Tissue Massage. Treatments carried out in our couple's treatment room on warm beds, in relaxing surroundings.

75mins £49 p/p

THE LITTLE BITS

Nails, Waxing,
Tinting and
Tanning



NAILS

Nail/Toe Shape & Polish

Colour £12 French £14

Nail Art from £2.50+

Shellac Hybrid Polish

Colour £23 French £25

Free Soak Off with a re-application*

Soak off (without reapplication) £5

Shellac Soak off with nail tidy and treatment £10

(*Soak off and reapplication must be done at the same time. We only remove Shellac that was applied at Coco & Rose).

Mini Manicure

An express treatment to file and shape the nails, moisturise hands and tidy cuticles.

30–40mins

With polish – Colour/French £24

Without polish £15

Garden of England Rose Restore Manicure

With the aromatic scent of lavender, rose and jasmine, this is a beautifully pampering hand and nail treatment, softening and intensely conditioning dry hands. Includes a nail cut and file, cuticle tidy, hand soak and scrub, heated mitts and a polish.

1 hour £30

Add Shellac Polish for just £10

Mini Pedicure

An express treatment to file and shape the nails, remove hard skin and tidy cuticles. Without polish.

30–40mins £24

Elemis Repair & Revive Pedicure

A sensory experience for your feet. With Elemis Exotic Lime & Ginger Salt Scrub and Instant Refreshing Gel, bring tired feet to life. Includes nail cut and file, hard skin removal, exfoliation, soak, cuticles, mini massage and polish.

1 hour £35

Add Callus Peel Heel Treatment for just £10

Add Shellac Polish for just £10

Elemis Best Foot Forward

Rest and soothe your tired feet and legs with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged leaving the skin nourished, soft and smooth.

30mins £25

Callus Peel Foot Saviour

Callus Peel is an amazing resurfacing treatment. An absolute must-have treatment for rough, dry, cracked heels in need of repair.

Heel treatment £20

Heels and Ball of foot £30

Add Toe Shape and Polish for £5



TINTING

A patch test must be performed at least 24 hours before tinting. No exceptions.

Eye Package	£20
Eyelash Tint	£9
Eyebrow Tint	£7

TANNING

Please shower before arrival ensuring you are not wearing make-up, moisturiser or deodorant and wear loose, dark clothing.

Full body Spray Tan	£25
Half Body Spray Tan	£15

WAXING

WITH WARM LAVENDER WAX

Eyebrow Wax	£7	Full Leg	£24
Lip Wax	£6	3/4 Leg	£18
Chin Wax	£6	1/2 Leg	£12
Sides of Face	£6	Forearm	£12+
Underarm	£10	Back	£15+
		Chest	£15+

Bikini

(standard)	£10
Californian	£12
Brazilian	£14
Full leg and Bikini	£28

LYCON PRECISION HOT WAXING

Lycon offers a virtually pain-free waxing experience! With celebrity endorsers such as Victoria Beckham and Sienna Miller, Lycon is the no.1 wax worldwide. It contains the finest resin, natural ingredients and aromatherapy oils* to deliver superior performance-lifting hair as short as 1mm! Amazingly, it does not lift skin and has a much lower temperature than regular wax! Let us change the way you feel about waxing.

* Still suitable during pregnancy

Eyebrow Wax	£9	Underarm Wax	£14
Lip Wax	£8	Standard Bikini Wax (to crease of leg)	£15
Chin Wax	£8	Californian Wax	£20
Sides of Face	£8+	Brazilian Wax	£25
All 4 areas	£26	Hollywood (all off)	£30
Any 3 areas	£20		

Lycon
precision waxing™





SEMI PERMANENT EYEBROWS

Semi Permanent Brows are an amazing way to create a natural, full brow with results lasting up to 2 years.*

Using a state of the art digital machine recognised as one of the safest on the market, the procedure is much more comfortable than other popular techniques. We use only the highest quality hypoallergenic pigments which will not discolour over time.

You have complete control over the end result with the option to choose the more natural, hairstroke finish, or the brand new Ombre brow for a stronger, more defined look.

£249 including FREE Consultation.

Requires two visits, 4–6 weeks apart.

Patch test essential. Deposit required.

*results vary from person to person

LVL LASHES

YOUR OWN LASHES, BUT BETTER!

By professionally straightening, lifting and tinting your lashes, LVL Lash Lift gives you the lashes you've always desired.

LVL Lash Lift

£45

LVL Lashes with Tint

£49

LVL Eye Package

£55

(includes LVL Lash Lift, eyelash tint, eyebrow wax and tint)



THINGS TO REMEMBER

Please arrive 15 minutes before your first treatment to allow time to complete a Consultation Form. Late arrivals may result in a shorter treatment time with full treatment price being charged.

HOW TO FIND US/PARKING

Coco & Rose is situated beside the Translink Bus Station, off Broad Street, in the centre of Magherafelt. Car parking space is available beside the bus station. We also have disabled access.

HEALTH AND SAFETY

In the interests of Health and Safety, we do not allow children in the salon. We apologise for any inconvenience.

WHAT YOU'LL NEED TO BRING

Clean, fluffy robes and slippers will be provided for group bookings. Loose, dark clothing is needed for spray tanning. Open toe sandals are essential for pedicures and when having the tootsies painted. Please arrive fresh faced for make-up application.

CANCELLATION POLICY

For regular appointments, we require 24 hours cancellation notice. Failure to do this may result in a fee being charged (50% of cost of treatment).

For group bookings, we require one week's notice of cancellation or full cost of package will be charged. Deposits paid for group bookings are non-refundable, but may be transferred to an alternative date if said notice is given. All group bookings are provisional until deposits for each person attending are paid. Provisional bookings will be removed within 5 days of enquiry.

GIFT VOUCHERS

A Coco & Rose Gift Voucher is a perfect gift idea. Vouchers can be redeemed against our wide range of treatments, with the exception of our Monthly Special Offers. (Vouchers have no cash value and cannot be used to purchase products)



Coco & Rose Beauty & Body Clinic

OPENING HOURS

Monday	Closed
Tuesday	10am–5pm
Wednesday	10am–5pm
Thursday	10am–8pm
Friday	10am–8pm
Saturday	9am–3pm
Sunday	Closed

Tel: 028 7930 0540

www.cocoandrosebeautyspa.co.uk

Coco & Rose Beauty & Body Clinic,
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